

# Pond Park Primary School Lunch Menu – Term 1



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>  <b>26/09/22</b> <b>24/10/22</b> <b>21/11/22</b> <b>19/12/22</b>	Breaded Chicken Goujons Tossed Salad Crunchy Coleslaw Chips Baked Potato  Flakemeal Biscuit & Fresh Fruit Salad	Spaghetti Bolognaise Crusty Baguettes Sweetcorn  Vanilla Ice Cream, Oranges & Chocolate Sauce	Roast Beef, Herb Stuffing & Gravy, Fresh Baton Carrots, Broccoli Florets & Mashed Potato  Frozen Yoghurt & Fresh Fruit Selection	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas  Jam & Coconut Sponge with Custard	Breaded Fish Fingers Baked Beans Mixed Vegetables Mashed Potato  Fresh Fruit Selection & Yoghurt
<b>WEEK 2</b>  <b>05/09/22</b> <b>03/10/22</b> <b>31/10/22</b> <b>28/11/22</b>	Breaded Chicken Goujons Baked Beans Coleslaw Chips Baked Potato  Jelly, Ice Cream & Fresh Fruit	Spaghetti Bolognaise Crusty Baguettes Tossed Salad  Melon Slices, Cheese & Crackers	Roast Loin Pork Herb Stuffing & Gravy Cauliflower Cheese Fresh Diced Carrots Dry Oven Roast Potatoes  Fresh Fruit Selection & Yoghurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas  Chocolate Sponge & Custard	Breaded Cod Fillets Sweetcorn Mashed Potato  Shortbread Biscuit & Fresh Fruit
<b>WEEK 3</b>  <b>12/09/22</b> <b>10/10/22</b> <b>07/11/22</b> <b>05/12/22</b>	Steak Burger in a Bap Coleslaw Tossed Salad Chips Baked Potato  Yoghurts & Fresh Fruit	Pasta Bolognaise Crusty Baguettes Sweetcorn  Raspberry Ripple Ice Cream & Fresh Fruit Salad	Roast Turkey Herb Stuffing & Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes  Shortbread Biscuit & Melon Wedges	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas  Fruit Sponge & Custard	Breaded Salmon Stars Baked Beans Mashed Potato  Frozen Smoothies & Fresh Fruit
<b>WEEK 4</b>  <b>19/09/22</b> <b>17/10/22</b> <b>14/11/22</b> <b>12/12/22</b>	Oven Baked Sausages Tossed Salad Coleslaw Chips Baked Potato  Flakemeal Biscuit & Fresh Fruit	Fresh Beef Lasagne Broccoli Florets Sweetcorn Homemade Wheaten Bread  Arctic Roll & Selection of Fresh Fruit	Roast Beef, Herb Stuffing & Gravy Savoy Cabbage Mashed Potato  Fresh Fruit Salad & Yoghurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas  Fruit Sponge & Custard	Breaded Fish Fillets Baked Beans Sweetcorn Mashed Potato  Melon Slices, Cheese & Crackers

**Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
available daily**

**Selection of fresh  
Salads available  
daily**

**If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form**

